

**AGING AND DISABILITY RESOURCE CENTER OF LA CROSSE COUNTY**

**Monday, November 6, 2017**

**La Crosse County Administrative Center, Room 2106**

**2:00 PM**

<b>MEMBERS PRESENT:</b>	Robert Honeywell, Cindy Jensen, Andrea Richmond, Rhonda Staats, Kathie Tyser, Ramona Van Riper
<b>MEMBERS EXCUSED:</b>	
<b>MEMBERS ABSENT:</b>	Don Hammes
<b>OTHERS PRESENT:</b>	Dawn Jorstad, Cheryl Neubauer, Carissa Pagel-Smith, Amy Simonis

**CALL TO ORDER**

Chair Andrea Richmond called the meeting to order at 2:00 pm.

**PUBLIC COMMENT**

None

**APPROVAL OF MINUTES**

Motion by Tyser/Van Riper to approve the minutes of the Aging and Disability Resource Center (ADRC) of La Crosse County meeting held October 2, 2017. Motion carried with one absent-Hammes.

**APPOINTMENT OF VICE-CHAIR**

Motion by Staats/Tyser to appoint Cindy Jensen as Vice-Chair of the ADRC of La Crosse County. Motion carried with one absent-Hammes.

**OVERVIEW OF NUTRITION PROGRAM**

Amy Simonis, ADRC Supervisor, and Dawn Jorstad, Nutrition Coordinator, provided an overview of the La Crosse County Senior Nutrition Program by presenting the following topics:

- Older Americans Act (OAA) Purpose/Goals
- Title III Programs: III-C1 (Congregate) and III-C2 (Home-Delivered)
  - Eligibility Requirements
  - Program Requirements
- Nutrition Services Incentive Program (NSIP)
- Senior Dining Survey Results
- 2016 and 2017 (YTD) Program Data

**APPROVAL OF HOME-DELIVERED MEALS ASSESSMENT FORM**

Dawn Jorstad, Nutrition Coordinator, provided an overview of the proposed Home-Delivered Meals Assessment form. This form will be used to verify program eligibility and calculate the number of meals an individual receives. In addition, this form obtains basic demographic data, emergency contact information, dietary needs, and special delivery instructions. Motion by Staats/Tyser to approve use of the Home-Delivered Meals Assessment Form. Motion carried with one absent-Hammes.

**OVERVIEW OF CAREGIVER SUPPORT SERVICES**

Cheryl Neubauer, ADRC Supervisor, provided an overview of current caregiver support services provided by the ADRC of La Crosse County. Topics included overview of the following:

- National Family Caregiver Support Program (NFCSP)
- Alzheimer’s Family Caregiver Support Program (AFCSP)
- Title IIIB Services (supportive services) & Examples

In addition, Cheryl introduced the Peer Caregiver Support Program, a new program that connects “Volun-Peer Mentors” with caregivers of individuals diagnosed with Alzheimer’s or other related dementia with caring support, socialization and knowledge of resources available. Additionally, Cheryl provided information about an event, Steering into the Skid, to be held on December 7, 2017 at the Black River Beach Neighborhood Center that illustrates the potential challenges of dementia by means of a 90-minute theater performance and interactive audience conversation.

#### **UPDATES**

The ADRC of La Crosse County’s annual Holiday Caregiver Luncheon will be held Tuesday, December 5, 2017 from 11:00 AM to 1:00 PM at the Radisson Hotel. This event is free to local caregivers and their loved ones. To reserve a spot, please call 608-785-5700.

ADRC of La Crosse County began using Ugetconnected, a free online service to connect agencies with potential volunteers. Current opportunities include meal site volunteer and meal delivery.

2018 nutrition/meal pattern guidelines increase vegetable/fruit serving by one ½ cup per meal.

#### **ADJOURNMENT TO THE NEXT MEETING TO BE HELD MONDAY, December 4, 2017.**

**MOTION** by Honeywell/Van Riper to adjourn. The meeting adjourned at 3:20 pm.

**Disclaimer:** The above minutes may be approved, amended or corrected at the next committee meeting. Carissa Pagel-Smith, Recorder