

**THE AGING AND DISABILITY RESOURCE CENTER (ADRC) OF LA CROSSE COUNTY  
ADVISORY COMMITTEE  
Monday, February 3, 2020  
La Crosse County Administrative Center, Room 2106  
2:00 PM**

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| <b>MEMBERS PRESENT:</b> | Diane Brose, Cindy Jensen, Kathy Lucey, Rhonda Staats, Sr. Kathy Stuttgen, Ramona Van Riper, Margaret Wood |
| <b>MEMBERS EXCUSED:</b> |  |
| <b>MEMBERS ABSENT:</b>  | Sharon Hampson   |
| <b>OTHERS PRESENT:</b>  | Carissa Pagel-Smith  |

**CALL TO ORDER**

Meeting was called to order at 2:02 pm.

**APPROVAL OF MINUTES**

Minutes from the meeting held December 2, 2019 were approved.

**ADRC OVERVIEW/REFRESHER**

Carissa Pagel-Smith, ADRC Manager/Director, provided an overview/refresher of the ADRC.

**ADRC ADVISORY COMMITTEE ROLES & RESPONSIBILITIES OVERVIEW/REFERESHER**

Carissa Pagel-Smith, ADRC Manager/Director, provided an overview/refresher of the roles and responsibilities of ADRC Advisory Committee and Governing Board members (HHS Board).

**2020 AGING PLAN GOALS**

Carissa Pagel-Smith, ADRC Manager/Director, reviewed aging plan goals for 2020.

**MEAL SITE UPDATES**

Carissa Pagel-Smith, ADRC Manager/Director, provided an update on the anticipated relocations of the Holmen and Harry J Olson meal sites. The Holmen meal site, currently located at Village Hall, is anticipated to relocate to the new community center on or around November 1, 2020. A resolution approving a lease agreement with The Fenigor Group, LLC for senior programming space is on the City's Common Council February 13, 2020 agenda. If approved, it is anticipated that the meal site currently located at the Harry J Olson meal site would relocate to this new space in June 2020.

**DIRECTOR'S REPORT/UPDATES**

Carissa Pagel-Smith, ADRC Manager/Director, provided current updates. Updates included:

- ADRC has signed as partner to assist with 2020 US Census outreach and education
- In partnership with the La Crosse County Falls Prevention Coalition and the Onalaska Public Library, falls prevention workshops will be held at 10 am on the 4<sup>th</sup> Wednesday of each quarter
- Due to retirement, ADRC front desk clerical position was reclassified as a Social Service Specialist
- The next session of the Aging Mastery Program (AMP) will begin Friday, April 17, 2020; this five-week class will be held every Friday from 8:30 am to 11:30 am at Inclusa (La Crosse)
- Recent volunteer recruitment in support of the Senior Nutrition Program has included a variety of flyers/posters, a commercial on Fox 25/48 and MeTV, and an interview with News 8
- Save the dates for Disability Advocacy Day in Madison on March 24, 2020; Aging Advocacy Day in Madison on May 12, 2020; and National Senior Health and Fitness Day at the Stoney Creek Conference Center on May 27, 2020

**FUTURE AGENDA ITEMS**

None

**ADJOURNMENT TO THE NEXT MEETING TO BE HELD MONDAY, APRIL 6, 2020**

**Disclaimer:** The above minutes may be approved, amended or corrected at the next committee meeting. Carissa Pagel-Smith, Recorder