

FAMILY POLICY BOARD COMMITTEE

Monday, October 5, 2015

Health & Human Services Building – Basement

Auditorium 12:00 p.m.

MEMBERS PRESENT: Todd Bjerke, Megan DeVore, Chrissy Feine, Sheila Garrity, Sharon Hampson, Amanda Jalensky, Ann Kappauf, Jane Klekamp, Kim Knutson, Catherine Kolkmeier, Jennifer Loging, Mary Meehan-Strub, Kelly Norston, Majel Olson, Joseph “Nerd” Pigott, Tracy Puent, Pat Ruda, Jimmy Westland, Jodi Widuch, and Jason Witt.

GUESTS: Kristen Kingery and Chrystal Stegen

CALL TO ORDER: Pat Ruda called the meeting to order at 12:02 p.m.

APPROVAL OF MINUTES FROM 8/3/15 MEETING

Pat Ruda asked for a motion to approve the August 3, 2015 meeting minutes. **MOTION** by Sheila Garrity/Catherine Kolkmeier to approve the August 3, 2015 minutes as presented. **Motion carried unanimously.**

HUMAN SERVICES DEPARTMENT AND BOARD UPDATES

- **HHS Board Update/Family Policy Board Executive Committee: Sharon Hampson**
 - Sharon said that they are working on the budget and she doesn't think there will be any major changes.

- **HS Director Update: Jason Witt**
 - Jason thanked all that participated in LAFC launch event. After 1 year and 3 months in making they are ready to go out in the neighborhoods and are currently in the process of filling the 2nd Social Worker position.
 - At the Trauma Conference there were 30 plus people and Jason is looking forward to where that information goes.
 - Tomorrow, Human Services will talk with the Health and Human Services Board about the budget request.

- **Family and Children's Section Update: Nancy Pohlman (Tracy Puent)**
 - There was a conference last week in regards to Trauma informed care and action planning.
 - This Thursday there will be a collaboration with 3 workers from Family and Children's section to be trained.

AGENCY PRESENTATION

New Horizons, Ann Kappauf-

- New Horizons has been in the La Crosse area for 37 years. They have a shelter within La Crosse for women, men and children of abuse. They serve 1800-1900 persons each year. There is not a waiting period for families that need to come to the shelter and they have never turned anyone away.
- New Horizons has advocates that help the people that stay with them to find employment and housing. They also have a Trauma Specialist which is a licensed therapist to work with the abused clients. This is free to the clients and the process can start as soon as they would like and it goes as long as they need.
- New Horizons offers a housing program with 9 apartments which they sub lease out to the clients so they can gain rental history and be able to afford their own apartment.

HOST HOME PROGRAM UPDATE: Family & Children's Center: Kristen Kingery & Chrystal Stegen - Kristen and Chrystal shared a PowerPoint with the

group, which is attached.

- They are currently working to get as much information as possible. Once they have a plan figured out they will give the committees an update.
- FCC has to have the parents "approval" before the kids can join the host home program. The host home program will include volunteers in the community to take in the children. The duration would depend on how long the child needs the help. There will be a screening process and training for each family that would like to be a part of the program.
- The goal for the 1st year would be 10 host homes. They have had some calls for help, and that is why they need to get their process in place and get moving.

UPDATE ON FAMILY POLICY BOARD COLLABORATIVE PROJECTS/WORKGROUPS: Jason Witt

- Jason shared a PowerPoint with the group in regards to the FPB Sub groups which is attached.

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AGENCY UPDATES:

- Chrissy from Essential Clinic shared information about the Walk-In STD screen on Thursday, October 22nd from 4 to 7 p.m. She handed out a small green piece of paper with more information regarding this testing.
- Parenting Place received a grant and will be working out of Hamilton to do family fun nights and other activities with families. Diapers are stocked greatly right now, so if anybody knows people that are having difficulty purchasing diapers send them to the Parenting Place.
- Joseph "Nerd" Pigott shared with the group that on Nov 14th the Annual Child Abuse Soup Cook Off will be held at Overtime. There will be door prizes and a silent auction. 12-4 p.m.
- Catholic Charities share that on Nov 1st they will be opening up their warming center. Catholic Charities offers all the basic services and also has a volunteer that does counseling.
- New Horizons shared that on October 22nd everyone should wear purple for Domestic Violence Awareness.
- Jenny Logging with the Health Department shared with the group that WIC checks are no longer "checks" and are now available electronically.

ADJOURN

Pat Ruda Adjourned the meeting at 12:58 p.m.

NEXT MEETING: Monday, November 2, 2015.

Approved November 2, 2015, Tiffany Cornell, Recorder

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Family & Children's Center

Host Home Program

Innovation *Hope* *Life-Changing*
Effective *Excellence*

Better Tomorrows Start With Us

MISSION

Family & Children's Center serves children, families and individuals with a continuum of services designed to strengthen families and promote individual well-being.



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DATA ON HOMELESSNESS

- La Crosse School District reported 180+ homeless youth
- Surrounding school districts reported a combined 20+ youth
- These numbers do not include unidentified homeless students, which could significantly increase the number



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WHY DO YOUTH BECOME HOMELESS?



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HOST HOMES FOR HOMELESS YOUTH

- Target population: 16-21 years old
- Outside the “system,” community-based housing and support
- Screen and train volunteers to share their home and resources
- Youth-driven matching process
- Case management support for youth
- Program support for hosts



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PROGRAM GOALS

Support youth to:

- Move beyond crisis, feel more stability
- Begin to heal and trust
- Build a sense of self-worth and orientation to the future
- Start pursuing personal goals - family relationships, education, employment, housing, skills, health and wellness

*“...move from surviving the streets
to thriving young adults”*



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OBJECTIVES

1. Safety: meet basic needs
2. Stability: Connect youth to supportive adults independent of formal systems
3. Diversion: Keep youth out of the justice system & prevent adult homelessness
4. Healing: Help youth heal from prior trauma
5. Well-being: Encourage & Provide access to primary & behavioral health care
6. Community Connections: Increase Knowledge and access to other resources
7. Academic achievement: support youth to finish high school and pursue post-secondary
8. Independence: Help youth find and maintain employment



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9 EVIDENCE-BASED GUIDING PRINCIPLES

- Journey-oriented
- Trauma-informed
- Non-judgmental
- Harm reduction
- Trusting relationships
- Strengths-based
- Positive youth development
- Holistic
- Youth-centered, collaborative




9 Evidence-Based, Guiding Principles to Help Youth Overcome Homelessness, Homeless Youth Collaborative on Developmental Evaluation, February 2014



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COLLABORATION & PARTNERS

- Area school districts
 - Social workers, guidance counselors, and other school authorities
- County and Social Service Organizations
 - Referrals for youth appropriate to this program
 - Forms of assistance for youth
 - Medical, dental, housing, etc.
- Advisory Committee
 - Provide insight and recommendations from the community
- Youth Advisory Committee
 - Learn from the population we aim to help



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THE GOOD NEWS

With youth-appropriate intervention and support, homeless youth:


- Lead stable, healthy lives
- Succeed in school, work and relationships
- Contribute to our community



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WAYS TO SUPPORT

- Become a host home
 - Spread the word!
- Refer youth to the program
- Serve on the advisory committee
- Be a resource for youth involved in the program
- Financial support
- Donations



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FOR MORE INFORMATION

<p>Chrystal Stegen, CSW Social Worker, Host Home Program Ph: 608-785-0001 ext. 313 cstegen@fccnetwork.org</p>	<p>Kristen Kingery, CSW Coordinator Ph: 608-785-0001 ext. 350 kkingery@fccnetwork.org</p>
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Thanks! 

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**La Crosse Area Family Policy Board:
Service Coordination Discussion
Update on Collaborative Projects / Workgroups**



October 5, 2015

La Crosse Area
Family Policy Board

Purpose & Definition of the "3 Cs"

Purpose: Agencies serving *children, youth* and families *advising the Human Services Department* and fulfilling the "3 Cs" of cooperation.

- 3 Cs:**
1. **Communication:** Sharing information regarding services offered, new initiatives, organizational changes, priorities and concerns.
 2. **Coordination:** Improving how programs are working in common to in meeting needs and achieving positive outcomes.
 3. **Collaboration:** Promoting common policy priorities, shared activities and measurement among primary system partners.

Family
Policy
Board
Executive
Committee

La Crosse Area
Family Policy Board

WorkGroups & Related Projects

FPB Workgroups

- Mental Health & Substance Abuse*
- Economic Security*
- Safe & Healthy Environment*

Related WorkGroups

- Juvenile Justice Evidence Based Practice & DMC Stakeholder Group*
- La Crosse Area Family Collaborative*