

## **MENTAL HEALTH RECOVERY SERVICES ADVISORY COUNCIL**

August 8, 2013

Administrative Center, Room 3220

10:00 a.m.

**MEMBERS PRESENT:** Monica Kruse, Kyara Tollan, Gary Kleinertz, Pam Bendel, Paul Brown, Mary Dahlby, Sara Eckland, Chris Neumeister, Wade Welper, Donna Christianson, Joe Veenstra, Renee Nugent

**MEMBERS ABSENT:** Jeanne Stevermer, Vickie Crews, Nicole Mooney, Amy Atchison, Sue Anderson, Dawn Jorstad, Jane Latshaw, Jean Sterling, Jen Timm

**OTHERS PRESENT:** Gail Elland

### **CALL TO ORDER**

Chair Monica Kruse called the meeting to order at 10:24 a.m. once a quorum was reached.

### **APPROVE MINUTES**

Motion by Veenstra/Tollan to approve the minutes of 06/13/13. **Motion carried unanimously.**

### **PUBLIC COMMENT**

None.

### **REVIEW OF RECENT AUDITS – CHRISTIN SKOLNIK**

Christin reported we recently had both our State DQA audit and our external audit. She said we passed both audits with no citations. This is the first time this has happened, staff should be proud of their hard work. Some suggestions that Polly, our State auditor, made included increasing the amount of notes from physicians and therapists, more in-house clinical training, have more information included in the Advisory Council minutes, offering more nontraditional services such as acupuncture and tai chi, and provide more documentation when the mental health professionals are providing supervision. Christin shared a copy of the suggestions that Polly had made to strengthen the program. We are now recertified for another two years. Monica offered her congratulations on having no citations.

Monica questioned Polly's suggestion #9, which stated to have more lab work included in the file to show why some consumers need to be on so many different meds, many which provide the same benefits, such as being on four different pain medications. Christin responded we do not have a nurse on the CCS team but we are able to consult with our outpatient nurse.

Pam reported that something she took from the exit interview with Polly is looking at the consumer's med list and determining whether alcohol or drugs are affecting their pain levels.

Paul Brown questioned whether it was a state or federal requirement to have the Prescription for Service signed before a person is admitted to CCS. This is not something the CSP Program must do.

### **DUAL ENROLLMENT – CHRISTIN SKOLNIK**

Christin shared the La Crosse County Policy for the CCS Dual Enrollment Process and a talking point handout with members. People can be enrolled in both Family Care and CCS. There are two programs that provide Family Care – Western Wisconsin Cares and Care

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Wisconsin, which just opened. Both Family Care and the CCS Program use a team approach to provide services using outside vendors. Family Care deals more with people with physical disabilities and the CCS Program is for people with mental health disabilities. People can be dually enrolled in both programs. It is hoped that all parties would schedule planning meetings together to determine who will pay for what services. We currently have two consumers who are dually enrolled. The CCS Program can provide nontraditional services such as yoga and music therapy that Family Care cannot.

Wade questioned whether a person could be dually enrolled in CCS and IRIS (Include, Respect, I-Self Direct). The answer to this is no. IRIS is self-directed, CCS is a payor. You are not able to pull from both funds.

### **QUESTIONS**

Wade Welper questioned whether CSP is available for people under the age of 18. Paul Brown stated Family & Children's Center does not offer it but he is unsure what the rules are for this.

Monica questioned committee members on whether or not they wanted to continue with the discussion on what they liked/disliked/give comment on at the end of each meeting. It was decided that not everybody needs to provide feedback, only those who want to.

Christin suggested shortening the meeting to an hour. She also mentioned having the meetings every other month instead of monthly. The statutes state the committee only needs to meet quarterly. The committee decided to keep the meetings monthly but Christin can cancel them if there is not anything that needs to be reported on for that month.

### **SUGGESTIONS FOR NEXT AGENDA**

Pam Bendel has a consumer who is willing to come and speak how her WRAP plan has helped her. Matt Strittmater will give a report on CST (Coordinated Service Team). Jen Timm will give an update on the OQ-45 tool being used. A report on the CCS audit will also be made.

Christin reported we would not have a meeting next month because the CCS Audit will be held on our meeting date. Members are invited to attend the closing meeting when the auditor gives her findings of the audit.

### **ADJOURN**

There being no further business, motion by Tollan/Bendel to adjourn at 11:10 a.m.

The next meeting will be held on Thursday, September 12, 2013.

*Approved, 02/13/14, Gail Elland, Recorder*