

COMMITTEE OR BOARD: Integrated Support & Recovery Services Advisory Council

DATE OF MEETING: Monday, September 10, 2018

TIME OF MEETING: 4:00 PM - 5:00 PM

MEETING PLACE: La Crosse County Human Services Room 1005
300 N 4th Street
La Crosse, WI 54601

MEMBERS PRESENT: Emily McGonigle, Shelly Cavanaugh, Aimee Zabrowski, Jill Mason, Jackie Gunderson, Curt Teff, and Karen Wolfe

MEMBERS ABSENT: Cindy Delphey, Brenda White, Pam Radtke, Julie Dietz, Vicki Riley, and Angela Bakken

OTHERS PRESENT: Cindy Wierschke-recorder

CALL TO ORDER

Emily McGonigle called the meeting to order at 4:07 after quorum was met

APPROVE MINUTES

Curt Teff motioned for approval with Aimee Zabrowski seconding the motion. Minutes from June 11, 2017 approved.

PUBLIC COMMENT

None

OFFICIAL BUSINESS

Coordinated Service Team (CST)

Emily McGonigle: We currently have 75 CST teams. See attached handout titled "La Crosse County: Integration of CCS & CST Program Outcomes." This sheet shows the data we've been collecting and a summary of the impacts of integration. See graph on back of sheet for a timeline of how objectives were improved. Cases with a CST team did significantly better. La Crosse County is the only one actively collecting data about this at this time. Emily McGonigle and Ryan Ross will be presenting this data at the state meeting being held on Wednesday, September 12, 2018.

Shelly Cavanaugh said the Children with Special Needs unit is starting to look at CANS for the Birth to 3 kids that they are getting off the waiver list to see if this would be a helpful tool for them too.

Curt Teff: How many workers does this involve?

Emily: This work is spread across about 18 CCS social workers, along with 6 social workers in the Children With Special Needs unit, for a total of 24 workers for kids. There are about 40 case managers for adults in CCS. If your schools have children that you think should be referred to CST, you can reach out to social workers, Emily, Ryan, or a supervisor if you want to get CST teams going.

CST Training

Emily asked if we should do mass CST trainings. Some were done a while ago. Several people have expressed that we need to do training again. We can do this in-house with our La Crosse County staff instead of bringing in outside trainers. Emily is working with Ryan and the Mental Health Professionals to prepare this training. We hope to do a collaboration with the schools. What do you feel would be the most helpful? Cross-system generates good discussion. We could also open it up to Child Protective Services and Juvenile Justice. We would like to get this training in place and up and running by Christmas time, if possible.

Curt said Case Managers at school have a summer institute that could capture more people at that time for training. Jill Mason said her school does that too. Aiimee Zabrowski said we need to do training again. It helps build ongoing skills. Emily said that Ryan and MHPs will be doing the training. Jill said the La Crosse County perspective is good instead of outside trainings. It's more applicable that way.

Next step: training dates?

Summer for schools is a good time – possibly the first week in August. Most schools would not know the summer training schedule until the first week in June. Is there any other groups that meet regularly that could be done before summer?

Curt said sometimes they have Lunch & Learn sessions that could be done at different points of the year. CPS did one of these.

Emily has been working with Ryan on different session lengths: ½ hour, 1 hour and 2 hour sessions. They would like to do a full day session, but people have said that they couldn't commit to that. It will be interesting to see if data changes with the training. Shelly said Service Coordinators would be interested in this training too.

Curt said Early Releases could make it possible to do shorter sessions. Nov. 9 is the first Early Release for La Crosse.

New Grant Collaboration with CCS, System of Care and JJ

Emily handed out a green sheet called "Collaboration by Systems" (see attached). They have presented this to Family Policy today (9/10/18). The blue box on the green sheet explains what this collaboration means. Emily's graph on the green sheet shows how they improved. Also the data information was presented to the Human Services Administration team. This data was listed on the second handout.

Phil Stegman, Bridget Todd-Robbins & Emily McGonigle submitted a grant for Functional Family Therapy and Functional Family Case Management. Phil is having his entire Juvenile Justice staff trained on Functional Family Case Management. See the attachments for 2 handouts: "Functional Family Therapy" and "Functional Family Probation & Case Management." We will be sending an RFI (Request for Information) out hoping to get vendors to tack on this program to fund through CCS. The Grant will pay for training, and then CCS will maintain the program.

Curt asked, "How will this help clients?"

Emily referred to the chart: this is intended for hard deep-end clients. We want to talk about the patterns in the family. We see a lot of teams and therapists get stuck in what is currently happening. This is not our role here. We are going to focus on these patterns. The training will be done by a strong clinician to get to the heart of the issue. Probation piece? Roughly the same thing. Asking questions about the family system, supports, why are we here? What needs to change?

Curt asked if families will commit to this or will it be court ordered?

Emily said it could be court ordered. We want families to voluntarily participate, but understand that some won't. CCS can only pay for services that families are volunteering to engage in.

Children's Community Options Program

Angie Bakken was not at the meeting to talk about CCOP. Shelly said they are working on 2019 budget, but they don't know how dollars will be used. There are currently 4 families still using it. Waiver has taken over those services.

There were 186 on the waitlist beginning last October. All kids have been offered services. 76 declined. A lot were dually eligible for CLTS & CCS. Some families declined. We're down to the last 30 kids. We are looking at the total number at the end. Shooting for 300 kids on Waiver, excluding autism kids with behavioral needs (about 40 kids). We're handling the Compass referrals as they come in. At this point it's moving along well. Workers have 20-25 cases per Social Worker.

Birth to Three

For Birth to Three, 8 kids were on the waiver list in the past. A lot are not in need of services yet, but some need adaptive aids and other one-time items we can purchase. The Birth to Three program is working close with Social Workers to look at what a child has for needs.

Networking Meeting in Chippewa Falls

Several counties came together. Due to the drug epidemic, there are a lot of drug babies being born addicted to chemicals. This is a crisis in several counties. A CPS supervisor said, in the past, on average, there would be 3 cases open at a time. Now we have 20. The Birth to Three program is meeting with CPS so as not to miss any referrals and to provide education to the hospitals. Last week we didn't have any referrals. Shelly indicated that Birth to Three is looking at implementing the CANS tool. There was discussion to bring more wrap-around supports.

Birth to Three RFP

We currently have 145 enrolled in Birth to Three. 118 have active ISPs. Birth to Three RFP is coming out this month (September).

Curt asked if children coming off of the waitlist are enrolling in to Waiver or CCS.

Emily said we are tracking both at the same time, and working at opening at them at the same time. Shelly said if you have a referral that needs to jump the waitlist, we can do that. That helps to make us aware. By the end of October everybody should be off the waitlist. We're ahead of our numbers. We hired 5-6 workers to help with this. Emily said if someone is ready for discharge, we need to empower the families to discharge from CCS. CCS is not meant to be long term. Shelly said there could be a

leveling off period for the numbers enrolled. The school year is starting to pick up on referrals. There is a procedure that is followed. Once someone is pulled off of the waitlist, the family has to be contacted in 10 days. All plans and services should be moving along within 90 days. The trouble is getting enough vendors to handle all the services. VARC just started for us, so that is helping.

Curt asked, "What is the biggest service need?"

Shelly said supportive home care. Emily said if there is a specific need or intervention, it's sometimes hard to get a good match with certain providers. Shelly said we refer many kids to Respite, so they may be on a waitlist for that. Many families don't have a support system. Let us know if you ever know anyone who wants to do respite. We could use more. Teachers make good respite providers.

Comments

Emily asked if there is anything the committee members have seen or are noticing trends. Jill said that more training will be good for Case Workers and school staff. When parents are not responding, case workers get concerned. Need to remind them, it's a voluntary program. They can't force them.

Emily asked Jackie Gunderson about how CST might work for Ho-Chunk. Jackie said she handles a lot of different programs. Life skills programs are referred the most. Cultural things are learned in foster homes, and kids are teaching parents. Jackie said she is kind of new to this program, starting in January. She receives referrals from all over. Jill asked if she can send someone to Jackie. Jackie said families can decide if they want to work with the County or Ho-Chunk. Curt asked what their relationship is to the Learning Center in La Crosse. Jackie said the director is two doors down from her. They work together a little, and have collaborated on some things. Jackie said she is the only one in the Ho-Chunk nation that does CST.

ADJOURN – Motion by Jill Mason and seconded by Shelly Cavanaugh to adjourn at 4:49 pm. Motion passed.

Next meeting will be held on December 11, 2018 at 4PM Room 1005 HHS Building.

Approved March 11, 2019, Renee Weston-Recorder