COUNTY COMMISSION ON AGING MEETING  
TUESDAY, 06-30-2015  
STOKKE TOWER 421 S 6TH ST LA CROSSE  
11:15AM – 12:15 PM

MEMBERS PRESENT: Dave Holtze, Sharon Hampson, Donna Kateley, Ramona Van Riper, Kathy Lucey  
MEMBERS EXCUSED: Andrea Richmond, James Hanesworth  
OTHERS PRESENT: Noreen Holmes, Director, Sue Betz

CALL TO ORDER  
Dave Holtze called the meeting to order at 11:48am.

PUBLIC COMMENT  
None

APPROVAL OF MINUTES OF 05-05-2015  
MOTION: Motion by Sharon Hampson and seconded by Kathy Lucey to approve minutes 05-05-2015. Passed unanimously.

CONSENT AGENDA (informational)  
Aging & Long Term Care Committee Meeting 05-11-15  
It’s Time to Get Serious about Elder Abuse  
Placed on File

DIRECTOR’S REPORT  
AGING PLAN 2016-2018

A. GOALS FOR THE PLAN PERIOD  
Every three years the Aging Unit submits a new Aging Plan to State and GWAAR with future goals. Noreen supplied a list of goals she had written up and is looking for additional goals from the Commission on Aging members.

B. PUBLIC INVOLVEMENT IN THE DEVELOPMENT  
Both the Harry J Olson and Southside Senior Centers are anticipated closing which will leave the north side of La Crosse without a meal site for congregate or home delivered meal support. She will also be speaking with Otto Bremer about funding the caregiver support program. She wants to expand support groups to rural areas, and Mayo Health Systems would also like us to expand into Monroe County.

C. PUBLIC HEARING AND FOCUS GROUPS  
There will be a Public Hearing for the Aging Plan, 85.21 and 5311 Transportation programs in either October or November. Noreen will set up Focus Groups to review the plans and make suggestions.

TAI CHI GRANT FUNDED  
We have funding approval through the University of WI-Madison to support two 6-week sessions of Tai Chi, consisting of 12 participants per class, in 2016, as part of a study called “Falls Prevention for Older Adults through Tai Chi Fundamentals”.
SELF DETERMINATION CONFERENCE
Noreen attended a conference on Self Determination. John Martinez spoke about aging people being in control of making their own decisions. When you need an expert, you call an expert to help you. Such as if your car needs repair – you call a mechanic. Self-determination supported decision making will be a necessary part of aging as we move forward.

UPDATES
A. STATE BUDGET
   Noreen supplied Dave Holtze and Sharon Hampson copies of the health care changes from the Governor’s budget. The State budget has not been released as of this date.
B. AGING IN PLACE
   Sixty five people attended the conference, mainly professional with booths.
C. HAPPY BIRTHDAY SOCIAL SECURITY, MEDICARE & OLDER AMERICANS ACT
   45 – 50 people attended. The speakers were well-received.
D. SENIOR FARMERS MARKET
   Vouchers went faster this year than any other year. Noreen wrote a grant with WAFER to see if we can fund and print our own vouchers in the future.

MEAL SITES
KAREN ARENTZ RESIGNED FROM CARROLL HEIGHTS – SERENA BURKE STARTED 6/15/15
There are site manager changes at Carroll Heights. Karen resigned and is pursuing a career in Home Care Services. She will still remain on the books as a sub site manager. Serena Burke, Social Worker, who was an intern with the Aging Unit 6 or 7 years ago, has since worked in area nursing homes, is the new Carroll Heights site manager.

HARRY J. OLSON AND SOUTHSIDE SENIOR CENTER
Neither Harry J. Olson nor Southside Senior Center will be closing before the end of the year. They will both close eventually but dates have not been announced.

TRANSPORTATION
VEHICLE PURCHASED
The vehicle is wonderful, beautiful, and everyone is very pleased with the purchase. We’re currently waiting for reimbursement from the state for a portion of the costs.

STUDY TO EXPAND SMRT SERVICE
A committee has been formed to study the bus service.

FUTURE AGENDA ITEMS
Aging Plan
Next meeting will be August 4th, 1:00pm at the La Crosse County Admin Building, Room 3212

ADJOURNMENT
MOTION: Motion by Ramona Van Riper and seconded by Donna Kateley to adjourn. There being no further business, the meeting adjourned at 1:30pm.

Disclaimer: The above minutes may be approved, amended, or corrected at the next committee meeting.
Sue Betz, Recorder