MEMBERS PRESENT: Dave Holtze, Andrea Richmond, Sharon Hampson, Ramona Van Riper, Kathy Lucey

MEMBERS EXCUSED: Donna Kateley, James Hanesworth

OTHERS PRESENT: Noreen Holmes, Director, Sue Betz

CALL TO ORDER
Dave Holtze called the meeting to order at 1:30pm.

PUBLIC COMMENT
None

APPROVAL OF MINUTES OF 06-30-2015
MOTION: Motion by Sharon Hampson and seconded by Ramona Van Riper to approve minutes 06-30-2015. Passed unanimously.

CONSENT AGENDA (informational)
Aging & Long Term Care Committee Meetings 07-06-2015, 08-10-2015
Wisconsin Veteran Self-Directed Program Pamphlet by Tomah VA, WI Dept. of Health Services, and Greater Wisconsin Agency on Aging Resources (GWAAR)
A Note on Medicare Costs by Paul Krugman, NY Times
Placed on File

DIRECTOR’S REPORT
AGING PLAN 2016-2018
A. GOALS FOR THE PLAN PERIOD
Since the August meeting was cancelled last minute, due to lack of quorum, Noreen filled in the goals for the Aging Plan and handed out a draft to each member. Sections 6B-6E are required, 6F, local inquiries, are specific to each county. 6-B, Elder Nutrition- the State is making changes to the nutrition program. Per Public Works, Harry J Olson and the South Side Neighborhood Center are scheduled to close within three years. The costs to repair the buildings is too expensive. We’ll need a site on the North Side to deliver home delivered meals. She’s thinking of possibly going through Darryl S. Larson to see about funding to build a Senior Center. We’re also looking into having a dinner meal with a speaker or music – looking outside the box, to bring more people together. Noreen thinks we can make the sites more meaningful, useful, and resourceful. 6-C, Services in Support of Caregivers –Caregiver support is very important. Persons ages 85 and over is growing along with possible dementia and Alzheimer’s diagnosis. We’ll receive $42K from the Older Americans Act and we’re looking to find more support for family caregivers. We are creating resources – Facebook, film presentations, etc. to build a library for people to turn to. We currently have enough funding to support the Caregiver Coach program into 2017. Kathy Lucey would like to see about caregiver options for respite care, day services options, having a place to just sit and talk, have the capabilities to address issues more specific to individual caregiver needs. 6-D, Services to People with Dementia – We want to get involved with building a dementia friendly community, extending out into the rural communities. 6-E, Healthy Aging – Five people are being trained to teach Tai Chi. The classes will run for 6 weeks, 1 ½ hours twice a week.

There are 22
movements for this program. The program will be for people 65 years and older. It is part of the Older Americans Act program. The study will evaluate a person’s physical strength prior to class and another evaluation will be accomplished once the class is complete. 6-F, Local Priorities - We’ll continue the annual Cultural Exchange Dinner to educate school kids and the community about the Hmong culture. We’re looking for ways to reduce the cost of the La Crosse Senior Life newsletter. Andrea brought up the name of a local company to contact for printing. Noreen will give them a call to see if their costs are lower. We’ll stay on top of transportation needs.

B. COMMISSION ON AGING INPUT
There are blank forms in the package for commission members to submit recommendations. Please send recommendations to Noreen.

FALLS PREVENTION DAY AND STAND TALL, DON’T FALL
Noreen provided a copy of the National Falls Prevention Awareness Day flyer detailing the activities for the day. The event will take place on September 23rd from 1-4:30pm at First Presbyterian Church, 233 West Ave S., in La Crosse. There will be five presentations between 1pm and 3pm, and then a Community Resource Fair from 3pm-4:30.

GRANT RECEIVED FROM OTTO BREMER FUNDING CAREGIVER COACH $50K
Grant was received from Otto Bremer to help fund the Caregiver Coach program.

UPDATES
A. STATE BUDGET
Didn’t affect the Aging Unit much. GWAAR & ADPAW highlighted areas affecting elderly from an enclosed handout. There will be a Town Hall meeting, sponsored by DHS, to talk about Family Care and Medical Assistance in La Crosse. Noreen will email the commission members with the date and time of meeting.

B. OLDER AMERICANS ACT REAUTHORIZATION ACT PASSED IN THE SENATE
The Older Americans Act passed in the Senate on July 16th and needs to be approved through the House now.

C. AGING UNIT BUDGET 2016 - PRELIMINARY
Noreen was out of office the week the RFP was put together. She wants an opportunity to work with Hillview concerning the meals provided.

MEAL SITES
HARRY J. OLSON AND SOUTHSIDE SENIOR CENTER
Neither meal site is scheduled to close in 2015 or 2016.

TRANSPORTATION
53-11 program funds the Shared Taxi service for Bangor, Town of Holland and Rockland. We’re not applying this year. We’re only reimbursed 50%. We need to find a home for the taxi we purchased under 53-11 funds.

FUTURE AGENDA ITEMS
None

ADJOURNMENT
MOTION: Motion by Andrea Richmond to adjourn. There being no further business, the meeting adjourned at 2:30pm.